

Meet Chad Green Hockey Director



Chad Green has been involved with hockey both as a player and coach for 30 years. In 1981 he began his association with the Sabre Travel Hockey Club. He is a Level 5 Master rated USA Hockey Coach (the highest attainable level). He played with the Sabre Hockey Club from 1981 to 1990 when his Midget team won the Regional and State Championships.

At Fenwick High School he was a standout defenseman being named All-State, All-Conference, All Academic and a member of the Chicago Showcase team in 1991. He continued his hockey career at the University of Wisconsin – Eau Claire from 91-93. He began coaching in 1996 with the Eau Claire Youth Hockey Club. His Bantams were Conference Champs in the 1997-98 season. Since returning to Illinois he has worked with Learn to Skate Hockey Programs and Mite through Midget players.

Chad takes a great deal of pride in bringing out the best in each hockey player he coaches. He provides a fun yet intense atmosphere in each lesson that maximizes each players potential.

ROCKET ICE



You can register online, at the front desk or by telephone. Please contact Chad Green, the hockey director, with any questions.



email: h_director@rocketice.com
Rink #: 630.679.1700
You can also visit our website at www.rocketice.com to register!

SKATING STICKHANDLING SCORING



TRIPLE "S" CAMP



HOME OF  SABRE HOCKEY

Rocket Ice Summer Skills Session

If a hockey player is serious about improving, then this is a great program for you! The Rocket Ice Summer Skills session is the southwest suburbs best 6 week hockey and power skating program. This is not a hockey school of drills, but a summer long advanced training academy. The Summer Skills Session is perfect for next seasons tryouts, our students will come out in peak physical shape in August, when having an edge matters most.

At the Rocket Ice Summer Skills Session our players will train to be in top physical form and be ready for fall hockey try-outs. We have set up a well trained staff who provide not only encouragement and support but also know how to incorporate fun into camp. If you are looking for that edge this August the Rocket Ice Summer Skills Session is for you!

Chad Green - Hockey Director, Sabre Coach

Meet the Instructors...

Bryant Parker - Head Coach Nequa Vally Junior Varsity

Ravi Mankoo - Former AAA Player

Brian Bieschke - Indiana University Hockey Player

Matt Arhontas - Princeton University Hockey Player

Jay Vecchiet - Sabre Coach

Garrett McCaig - Current Juniors Player

Kayla McCaig - Roberty Morris College Hockey Player

On Ice Training

Power Skating

At Rocket Ice Summer Skills Session we integrate the fundamentals of skating into an exciting and motivating strength and conditioning program. Have fun while you drastically improve your:

- Skating Form
- Speed
- Fundamental Hockey Moves
- Backward Skating
- Power Skating
- Endurance



Hockey Skills

Your goal is to be in top playing condition for the upcoming hockey season, we will prepare you for this by building on your own fundamental hockey skills and abilities as you practice basic and advanced techniques in:

- Stick Handling
- Passing
- Shooting
- Power Shooting
- Checking for PeeWee & above



Off Ice Training

Our goal off the ice is to improve the overall athleticism of each player.



Improving overall athleticism is critical when trying to gain the competitive edge over other players. Our Summer Skills Session features a complete Off-Ice training session a half hour prior to getting on the ice. Off-Ice training will include strength, conditioning, balance, core strengthening, agility, plyometric skills and drills. There will be something different for the players to work on everyday.

Price

Register Before May 31, 2010	\$325
Register After June 1, 2010	\$400

Limit 30 players per level

Class size is limited so register early to reserve your place.

Schedule Tuesdays & Thursdays

July 6th – August 12th

Mites	5:15-5:45 pm	Off-Ice
	6:00-7:00 pm	On-Ice
Squirts	6:15-6:45 pm	Off-Ice
	7:10-8:10 pm	On-Ice
PeeWee	7:30-8:00 pm	Off-Ice
	8:20-9:20 pm	On-Ice
Bantam & JV	8:45-9:15 pm	Off-Ice
	9:30-10:30 pm	On-Ice