



Your Place for *Summer Hockey*

180 Canterbury Lane • Bolingbrook, IL 60440 • Ph: 630.679.1700 • Fax: 630.679.0483

Save \$75!

Sabre Customer Appreciation Special
Register by June 28, 2010
Call or stop by the rink today!

Sabre Hockey Players and Parents,

In celebration of a great season for the Sabres, Rocket Ice is providing Sabre Hockey club members a **\$75 discount** on registration for the Tuesday and Thursday evening Triple "S" hockey camp. The camp is every Tuesday and Thursday night July 6th through August 12th.

Each evening includes 20 minutes of fun and rigorous off-ice training followed by a 1 hour on ice skill work out to get you to peak performance by mid August. This is a great way to have fun, improve and get into your best shape by the end of summer. Save \$75 if you register by June 28th. Call or stop by the rink today!

Also...Rocket offers 3 great Monday through Thursday daytime camps during the summer.

- July 5th-July 8th Shooting/Scoring
- July 12th- July 15th Stickhandling
- July 12th- July 15th Defense

Sabres who register by June 28th get 10% off, our way to show our appreciation for you.

See page two for all the details!



Congratulations Sabres!

2009-2010 What a Year!

- Midget Minor State Champions
- Midget Minors 4th Place in Nationals
- Midget Majors 2nd Place in Nationals
- Squiret A1 2nd in State at the Blackhawk Cup State Championship
- A2 Major 2 4th Place in NWHL
- A2 Minor 2nd place in Wolves Cup
- Squiret AA Spring Team Won Showcase Championship
- PeeWee 1 NWHL Champions
- Mite A2 Wisconsin Dells Tournament Champions
- U12 Wisconsin Dells Tournament Champions
- Mite SA2 Team Mite Blue Champions

Chad

Chad Green
Hockey Director



Proud Home of the 2010 Chicago Blackhawks Youth Summer Camp

Check out all the Rocket Ice Summer Skating & Hockey Lessons and Camps at RocketIce.com



Rocket Ice Offers a Complete Skating Experience

ROCKETICE.com



ROCKET ICE Summer Hockey Program



TRIPLE "S" CAMP - EVENINGS TUESDAY & THURSDAY

**SKATING
STICKHANDLING
SHOOTING**



Rocket Ice Summer Skills Session

If a hockey player is serious about improving, then this is a great program for you! The Rocket Ice Summer Skills session is the south-west suburbs best 6 week hockey and power skating program. This is not a hockey school of drills, but a summer long advanced training academy. The Summer Skills Session is perfect for next seasons tryouts, our students will come out in peak physical shape in August, when having an edge matters most.

At the Rocket Ice Summer Skills Session our players will train to be in top physical form and be ready for fall hockey try-outs. We have set up a well trained staff who provide not only encouragement and support but also know how to incorporate fun into camp. If you are looking for that edge this August the Rocket Ice Summer Skills Session is for you!

Sabre Special \$325
Save \$75!
Regularly \$400
REGISTER BY 6/28/10

Schedule Tuesdays & Thursdays

July 6th – August 12th

Mites	5:15-5:45 pm	Off-Ice
	6:00-7:00 pm	On-Ice
Squirts	6:15-6:45 pm	Off-Ice
	7:10-8:10 pm	On-Ice
PeeWee	7:30-8:00 pm	Off-Ice
	8:20-9:20 pm	On-Ice
Bantam & JV	8:45-9:15 pm	Off-Ice
	9:30-10:30 pm	On-Ice

SKILLS CAMPS - DAYTIME MONDAY - THURSDAY

Shooting/Scoring Camp

Improve your shot this summer with our 4-day shooting training session.

Improve your shot this summer with our 4 day shooting training session. Strategies Covered: tips, rebounds, dekes, wrist shots, slap shots, snap shots, one timers and much more.

Monday July 5th – Thursday July 8th

Mites 12:45-1:15 Off-Ice 1:30-2:30 On-Ice
Squirts 1:45-2:15 Off-Ice 2:40-3:40 On-Ice
PeeWees 3:00-3:30 Off-Ice 3:50-4:50 On-Ice

Goalies...squirts and peewees. You will get a real work out and lots of shots and conditioning \$75.00. *Lots of action - what a bargain!*

Pricing

\$150/per camp before May 31, 2010
\$170/per camp after June 1, 2010

Add a second camp for same child...
and receive \$30 off second camp price

Add a third camp for the same child...
and get \$35 off third camp price

5% Sibling Discount

Limit 30 players per level

SIGN UP NOW!

Stickhandling Camp

Work on the various stickhandling techniques to improve your stick handling in the offseason in this 4-day training session.

Work on the various stickhandling techniques to improve your stickhandling in the offseason in this 4 day training session. Topics Covered: creative puck control, soft hands, effective moves, wide reach, agility & control with the puck.

Monday July 12th – Thursday July 15th

Mites 11:30-12:00 Off-Ice 12:20-1:20 On-Ice
Squirts 12:30-1:00 Off-Ice 1:30-2:30 On-Ice
PeeWees 1:45-2:15 Off-Ice 2:40-3:40 On-Ice

Defense Camp

Improve your defensive skills with this intense 4-day training session

Improve your defensive skills with this intense 4 day training session. Topics Covered: ice positioning, controlling the gap, one on one situations, stick positioning, trapping, keeping the opponent on the outside and stick/body checking.

Monday July 12th – Thursday July 15th

2:45-5:00 pm

PeeWee & Bantam level:

Off-Ice Training 2:45- 3:30 pm
On-Ice Training 3:50-5:00 pm



SABRE SPECIAL

10% OFF!

**ANY CAMP
REGISTER BY 6/28/10**